

Ze'ev Kolman

Bio-Energetic Healer



April 2006
Newsletter

THIS MONTH'S MESSAGE

Springtime greetings to all! May this new season's sun anoint us all in the divine light of healing and understanding. Here's a wonderful quote:

"God helps those who help themselves." What do I mean? An example:

A big storm is threatening a small town. Evacuation is issued. One person stays put and declares, "My faith is strong, the Lord will save me."

The next day the rain arrives and he is forced to go on his roof to escape the flood. A man in a rowboat passes by and offers to help him, but the man of faith still persists in saying, "The Lord will save me."

The rowboat leaves him on the roof.

That night more rain arrives. Lo and behold! The man of faith dies in the flood. When he gets to heaven he asks, "What did I do wrong? I believed in you so strongly. How come you didn't save me?"

The voice of the creator then answers him: "Hey, I sent a rowboat for you and you refused, so you chose your own faith." Message: Listen within.

Calendar

NEW YORK

Upcoming Evening Lecture

Lecture & Healing Meditation: A.R.E.—April 29th, 7 p.m.

Evening Lectures—6pm to 8:30pm

Topic: Healing, Spirituality, Past-Life Incarnation (Healing Meditation)
Thursday, April 20th; Wednesdays—May 17th, June 14th

Upcoming Daytime Workshops—Sundays 10am to 3pm

Topic: Bio-Energetic Self-Healing
April 23rd, May 14th

Past-Life Incarnation Evenings—Thursdays 6pm to 8pm

May 11th, June 22nd

Group Healing Sessions—Wednesdays 6pm to 7pm

April 12th, May 24th, June 21st

SOUTH FLORIDA

(Tentative dates)

Free Lecture & Healing Meditation

Sunday, May 21st—7pm to 9pm

Bio-Energetic Self-Healing Workshop

Sunday, May 28th—10am to 3pm

For details, call 212-245-1715

or send a Fax: 212-265-8839

E-mail: zeevkolman@aol.com

TESTIMONIALS

A “Sensitive” Thanks Ze’ev

Words cannot express my gratitude to you for what you have done for me. I wanted to say THANK YOU SO MUCH from the bottom of my heart for healing me. I really enjoyed coming to New York, and especially my healing sessions with you.

Before I saw you, I was still tremendously affected by electromagneticism and suffered a great deal. It was only yesterday, after I had a long chat with my mum regarding my trip to NY and my sessions with you, that it hit me. I've been blissfully unaware of the electro-magnetism going on around me! Yeah!

I'm no longer hypersensitive to various electromagnetics around me. I'm so happy. I didn't even feel the air conditioners at work, nor do I feel the printer or fax affecting me anymore.

I was at my sister's over the weekend. The industrial fan was on, and her husband was using an electric drill in the workshop. This did not aggravate me like it used to.

I used to limit my visits to my sister because there was always something going on there like the washing machine, the extractor fan, or the stove. Obviously, these are part of normal everyday life chores, and I could not tell my sister not to clean her house or vacuum. Instead, I used to make excuses and then disappear. Now I don't have to worry.

My sister asked about two hours after I arrived if the fan was affecting me, (normally I would be very agitated by then and she would have to switch it off). To her surprise, I said "No, I didn't even notice it!"

I am not tired like I used to be at the end of every day, and feel so much

better. My posture and back have also improved. I no longer have shooting pains in my body, and it feels totally Wow!

I told my Mum what you said about the last 4-5 years. She was so happy to hear that no more evil will be coming my way. As mentioned previously, this was a very serious problem. My Mum and Dad even took me to priest who they thought would help take away any form of evil they thought was sent to me.

I feel so happy now knowing that all of the above has been resolved and I no longer have to worry. I can go out and not worry about electromagnetics affecting me, and actually enjoy myself. I get a good night's rest without my sleep breaking throughout the night. I now have regular sleep patterns and feel that I can function like a normal human being. And I don't have to move from house to house, city to city, or country to country.

I thank God for you. You have changed my life. Thank you so much Ze'ev. You are a wonderful person who is blessed . Thank you so much Alan for taking me to Ze'ev! My Guardian Angels.

Walking Without a Cane!

I am a 34-year-old woman who has been suffering with back problems and nerve damage for 6 years.

Some of the symptoms that I experienced were severe pain and numbness in my leg and foot.

Additionally, 2 years ago I had been diagnosed with shingles leading to post-herpetic neuralgia.

I have had three major back surgeries and have seen numerous doctors and specialists. Nothing to date has been able to rid me of my pain or help my numbness. Since my

last surgery 2 years ago, I have been using a cane to walk.

I was fortunate enough to hear about Ze'ev and thought that after all I had been through and after trying almost everything—it was worth taking a trip from Montreal to New York to meet with him. I had nothing to lose.

After only one session I was truly amazed! Ze'ev helped me so much that after the healing session I was, for the first time in 2 years, able to walk without the use of a cane. Not only that, but it was the first time in 6 years that the strong walk that I used to have came back and a large amount of my pain disappeared.

Ze'ev Kolman is truly a gift to humankind. What a blessing. Thank you Ze'ev, for not only improving my health, but also for restoring my hope and for providing me with the opportunity to put my life back together. —S.H.

Our March Experience With Ze’ev Kolman!

March was another phenomenal month for many of us because Ze'ev was here. We had an evening group meditation healing with him in Miami Beach. Oceanfront sea breezes. Fresh air. The sound of waves. It was magical. And everyone in the room felt the energy streaming out from his hands.

After he returned to New York, I had my first distant healing with Ze'ev. If you have ever used the “Zapper,” you will understand what I am trying to describe in words. It's not easy. It sort of feels like there are electrical impulses moving from one area of your body to another, and I don't mean just one or two here or there, but all at the same

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TESTIMONIALS

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time.

I was lying in bed and suddenly I felt it. I was incredulous at first. I didn't know it would be like that. It went on, and when he was finished in New York, I could still feel it—those impulses all over my body for nearly 2 hours after it was over!

I had caught a virus, had a severe headache and nausea, and a lot of lower abdominal pain for 3 days when I called him for help. He called me the following morning to see how I was doing. All my symptoms had disappeared. When I told him that I felt the energy, even at this great distance, he just laughed. And when I told him it continued for nearly two hours, he said, "Yes, the frequencies continue to heal for quite a while."

I've noticed so many little things that have changed since my first session with Ze'ev in November, 2005.

There are positive side effects to his work. Unlike drugs

that can kill the good stuff, Ze'ev seems to only remove the negative. I feel so much more positive. My skin continues to be good. My bad habits have disappeared, so my nails are now long and healthy. I have to thank him again and again for how he has changed my life in such a positive way.

As the editor of this newsletter, I want to let you know that some announcements are repeated on a monthly basis. They're important as reminders for our long-time readers, and they bring newcomers up to date on all the possibilities that exist to experience the bio-energetic healing of Ze'ev Kolman. Remember, wherever you live, Ze'ev can help you.

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Q&A

If you have any questions that you would like to see the answers to in a future newsletter, please send them to: zeevkolman@aol.com. Thanks!

ANNOUNCEMENTS

Ze'ev Kolman in South Florida again!

From Friday, May 19th through Sunday, May 28th, 2006, Ze'ev Kolman will be available for group healings, lectures and private sessions in South Florida again!

For Private Sessions

To schedule a private session, contact the New York office for details: **212-245-1715**.

For South Florida Lectures/Group Healings, Workshops

To get location, dates and times for lectures/group healings, or workshops, send Kathryn your email address (khzeev@aol.com), and she will contact you in the beginning of May more details.

Meditation & Healing Trip to Israel Wednesday, June 29th

Ze'ev Kolman invites you to join him for an unforgettable journey scheduled to depart *Thursday, June*

29th and to return *Sunday, July 9th*. Highlighted are Tel Aviv, Jerusalem, the Masada, and Meditation to the Dead Sea. This will be an intense workshop, group healing, and much more. To join us, contact the New York office: 212-245-1715, or our travel coordinator: Mrs. Inge Verstandig: 212-292-1259; ingev@vwti.com

Special Monthly Prevention Package

Prevention is essential. For a limited time we are offering a **Special Prevention Package**. Life is stressful. You work hard and deal with daily responsibilities. All the systems of your electromagnetic field need regular balancing and healing. Your aura needs cleansing of the debris and toxicity that accumulate. The infusion of energy from your chakras and meridians needs to be balanced to promote good circulation. Regular monthly maintenance is the smartest way to restore a healthy mind, body and spirit. Let Ze'ev help you.

Purchase 6 Monthly Healing Sessions and receive the 7th month FREE! Call now to reserve your regular monthly appointment at the same time every month. It's easy to remember and you will reap the benefits of continuing care.

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Ze'ev—I attended your lecture last week on Wednesday. I'm Alberto Prieto's sister. I thank you so much and God bless you. I will see you for a private session on Tuesday morning, but I must say that this weekend, or actually since the lecture on Wednesday night, all the pains I had related to rheumatoid arthritis are gone.

I feel like I was never sick, I have so much energy. You mentioned at the lecture that you had seen negative energy around me and you pulled it out. I know I felt it coming out of my hands, but the pains are also gone.

I have also been reading your book, which I purchased the day of the lecture. What a story! I just wanted to send you a brief note to thank you.

God bless you,
Martha Meyer

Being Young & Smart

As a 7th-grade student, Claire Nelson learned that di(ethylhexyl)adepate (DEHA), considered a carcinogen, is found in plastic wrap, and that the FDA had never studied the effects of microwave cooking on plastic-wrapped food. She asked, "Can cancer-causing particles seep into food covered with household plastic wrap while it is being microwaved?" Claire set out to test what the FDA had not with the help of Jon Wilkes at the National Center for Toxicological Research in Arkansas. Affiliated with the FDA, they let her use its facilities to perform her experiments, which involved microwaving plastic wrap in virgin olive oil.

Results: Not just the carcinogens but also xenoestrogen was migrating into the oil, which is linked to low sperm counts in men and breast cancer in women. Plastics release dioxins into the food, which are carcinogens and highly toxic to the cells of our bodies. If you are determined to use a microwave, at least use glass, or ceramic containers for heating your food. You get the same results without the dioxins.

ANNOUNCEMENTS

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Monthly Blessing

From the heart, Ze'ev sends a monthly spiritual blessing. On the same day and time each month, a spiritual blessing is offered to people on their birthday. If you need a blessing or know someone who does, please e-mail their name and location. Ze'ev also extends a special *BirthDay Discount* for a private session.

If you celebrate your birthday in April, remember to meditate at Midnight (EST) on April ??? by focusing both on your physical intention and on the healer, Ze'ev Kolman. His healing energy will be sent to you.

Distance Healing

Distance healing is performed while you sleep or rest. When your body is resting your chakras—your energy centers—open up. This is when Ze'ev can easily transmit electromagnetic energy from his mind into your energy field for the purpose of healing. You only need to know the time for your body to be "tuned into" the same wavelength during the distance healing session.

Ze'ev recommends distance healing for clients who are

too far away or are unable to come to the office because of a busy schedule or illness. Distance healing is also very effective. It is just as powerful as a private session. In fact, it can even be stronger because the body is very open to receiving energy while resting.

Some clients also experience the tingling sensation during distance healing. Others feel a wave of heat, while others experience no physical presence. The effects are the same. Sometimes a client will awaken during the time of the healing. If this happens to you, stay in bed in a relaxed state.

Distance healing works for many people, but not for everyone. It depends on how long you have had the condition, how open you are to the healing and how well your body receives the energy for healing.

There are certain requirements for Distance Healing to be successful.

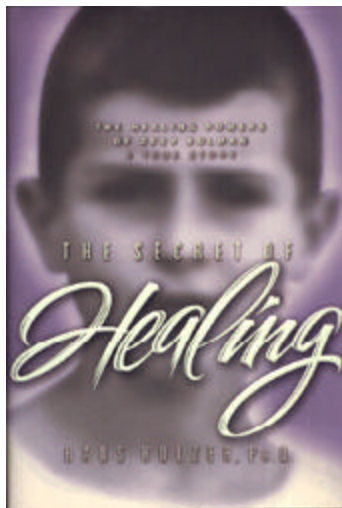
Distance Healing Requirements

1. Photograph
2. Complete address
3. Telephone numbers
4. Date of birth

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ANNOUNCEMENTS

SUGGESTION



The Secret of Healing by Ze'ev Kolman is now available for only \$15 (regular \$21.95).

Do you have a copy of this book? Family and friends feel blessed when they receive this book for their birthday, as an anniversary gift, or with a get-well card! Unlike flowers and candy, which disappear, a book is enduring.

Order 3 books and receive a 20% discount. Buy one

now with the very special *Healing Hand Imprint* with mud from the Dead Sea. We can send you autographed copies with a personalized gift card. Most credit cards accepted. *To order, call 212-245-1715.*

"GURU TO THE STARS"



ZE'EV KOLMAN

SPECIALTY Bioenergetic healer.
CELEBRITY DEVOTEES Martin Sheen; Carly Simon; Raquel Welch.

Kolman passes his hands above clients' bodies to heal the body and spirit (he has treated ailments from autism to strokes). Oddly, it is also something he can do over the phone. For information, call 212-245-1715.

from BAZAAR magazine, October 2001, pg. 243

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5. Direction of your head while sleeping.
Is it facing north, south, east or west?
6. A list of the conditions you want to focus on.

Our thoughts are like radio waves that can be sent and transmitted beyond our physical location and received at the other end—provided there is a receiver tuned into the right wavelength. This energy is transmitted through the force of my thoughts to the client who *opens* his channels to the proper wavelength and absorbs the energy regardless of the physical distance between us. To receive distance healing, please contact Shelly: **212-245-1715.**

Telephone Healing

Ze'ev can even transmit the Bio-Energetic Healing over the telephone while you are in the comfort and convenience of your own home. Appointments may be scheduled weekdays from 9am—5pm (EST). Most credit cards are accepted.

Questions & Comments

Ze'ev welcomes questions or comments. E-mail them to zeevkolman@aol.com, or write to: Ze'ev Kolman, 250 W. 57th St., #630, New York, NY 10107. He will respond in future newsletters.



Group Healing Sessions & Lectures

Group healings take place every 2 weeks in the New York office. Ze'ev leads the group into a healing meditation so that he can transmit his electromagnetic energy into each person's body for the purpose of healing.

NOTE: Please refrain from using fragrance, cologne, perfume, etc., to group healings. Be punctual! Punctuality is part of becoming spiritually evolved. Respect others and arrive at least 10 minutes before healing groups are scheduled to begin. Thank you!

To get updated information in between our Newsletters, visit our Web site. And please feel free to forward this Newsletter to family and friends!

Submit their email addresses to zeevkolman@aol.com and we will send them our monthly Newsletter. Thank you!

NUTRITION & ORGANICS HELP YOU RECEIVE HEALING

Why is nutrition important? Because the more you think about what you put into your body, the easier it also is to receive healing. If your body is not full of toxins, Ze'ev can concentrate on other more important areas immediately.

What is organic? A product is at least 95% organic if it has the USDA Organic seal. Try to get 100% organic. It's healthier for you! Only food labeled *organic* has been certified as meeting USDA organic standards. The USDA defines certified organic food: "Organic food is produced by farmers who emphasize the use of renewable resources and the conservation of soil and water to enhance environmental quality for future generations. Organic meat, poultry, eggs, and dairy products come from animals that are given no antibiotics or growth hormones. Organic food is produced without using most conventional pesticides; fertilizers made with synthetic ingredients or sewage sludge; bioengineering; or ionizing radiation.

Before a product can be labeled *organic*, a Government-approved certifier inspects the farm where the food is grown to make sure the farmer is following all

the rules necessary to meet USDA organic standards. Companies that handle or process organic food before it gets to your local supermarket or restaurant must be certified, too."

For more detailed information on the USDA organic standards, visit <http://www.ams.usda.gov/nop>, or call the National Organic Program: 202-720-3252. USDA-AMS-TM-NOP, Room 4008 S. Bldg., Ag Stop 0268, 1400 Independence, SW, Washington, DC 20250.

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Note: If you live in South Florida, be sure to check out Glaser Organic Farms' open market in Coconut Grove on Grand (just west of 32nd) on Saturdays (11am-7pm). Try to only buy organic produce for you and your family. Ask for it at your supermarket. Doing this will help the manufacturers and farmers everywhere to want to fulfill the wish of the masses in order to continue to profit. Even Wal-Mart is getting into the act. Everyone should support organic farming. We would all be healthier because of it!

CONTACTS, DATES

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800-313-5998

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Website
www.zeevkolmanhealer.com

NEW YORK

Lecture & Healing Meditation: A.R.E., April 29th, 7 pm

Upcoming Lectures—6pm-8:30pm
Healing, Spirituality & Past-Life Incarnation
(Free Healing Meditation included)

Thursday—April 20th
Wednesdays—May 17th, June 14th

Upcoming Workshops—Sundays 10am-3pm
Bio-Energetic Self-Healing

Ze'ev teaches breathing and visualization techniques designed to trigger individualized healing.

April 23rd, May 14th

Past-Life Incarnation—Thursdays 6pm-8pm

May 11th, June 22nd

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April 19th, May 10th, June 21st

SOUTH FLORIDA (Tentative)

Lecture & Free Healing Meditation

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